The diabetes epidemic: Estimates and forecasts of the number of Irish people with diabetes

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University College Cork
1 August 2012
Think big &
Start small

Quality       Access       Cost
Done is better than perfect
Think big & start small

1. Podiatry, Kerry
   &
2. Diabetic retinopathy screening, Cork

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Think big & start small; PODIATRY

6 Podiatrists in HSE South (DFI)
New service in Kerry
Enhanced service in Cork
Emergency referral pathways
Waiting list decimated
National foot care programme adopted !!
Training of HCP
Think big & start small; Retinopathy

3598 patient invited &
49% screened
6 Patients with Proliferative retinopathy (1:300)

Outcomes of value to “imminent” national screening programme.

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Reviewer 1, Dr Clare Liddy  (British Journal of General Practice)

• “This is a very well written paper. It covers a very important topic and the results are significant.
• The introduction is comprehensive.
• The methods are well described.
• Data collection and analysis are appropriate.
• The results are well described & the participation rate at 49% is significant. This is an important finding.
• The authors present a good discussion with comparisons to other similar projects.
• I enjoyed reading this paper and think it is a significant contribution to the literature. Well done!”
Think big & start small

Be careful what you wish for.........

Retinopathy 2012,
>5,000 patients

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Think big & start small

Gestational diabetes

Paediatric diabetes

Integrated care
Gestational diabetes

• Affects 1:8 pregnant women.
• Mortality & morbidity, antenatal & lifelong, for mum & child.
• 1 DNS & 0.5wte Dietician appointed.
• Challenges: screening, consultant clinic.
• Prevention is better (& cheaper) than cure.

“Done is better than perfect”
Paediatric diabetes

National paediatric diabetes group established. 2 consultant paed endocrinologists in post. Insulin pump “school” commenced.
Integrated Care

National priority........pilot site submitted, Cork.
T1DM, & others – exclusively hospital
T2DM- exclusively general practice/shared care

Quality, access, cost.
Think big & start small

Retinopathy
Podiatry
Gestational diabetes
Paediatric diabetes
Integrated care

Quality  Access  Cost
Thank you for listening........any questions?